



# July Independence Invitational

Gloucester County Institute of Technology

July 9<sup>th</sup>, 10<sup>th</sup> and 11<sup>th</sup> 2010

Long Course Meet

Hosted by

Somerset Valley YMCA

MA Sanction# MA 1099 A

Date of Meet:	Friday, Saturday and Sunday, July 9 thru 11th - 2010
Location:	<p><b>Site:</b>  <b>Gloucester County Institute of Technology.</b>          1360 Tanyard Rd.          Sewell, NJ 08080</p> <p><b>Facility:</b> The pool is located in the GCIT Aquatic Center, New Jersey. The facility has is a USA Certified Olympic-sized 50-meter 8-lane main pool, non-turbulent lane lines, Colorado Timing system and scoreboard. The starting depth of this pool is 10 feet. The Turn End has a minimum 5 foot Depth. There is a separate mezzanine with seating for 450 spectators and unlimited parking.  <b>Day of Meet Emergency Contact Number: 856-468-1445 x 2657</b></p>
Meet Director:	Dave Rzewnicki – Email: <a href="mailto:meetdirector@svynj.org">meetdirector@svynj.org</a>
Meet Referee:	Dave Rzewnicki – Email: <a href="mailto:drz04@aol.com">drz04@aol.com</a>
Meet Safety Coordinator:	Matt Donovan – Email: <a href="mailto:coachmatt76@yahoo.com">coachmatt76@yahoo.com</a>
Entry Coordinator:	<p>Karen Johnson, 828 Atkinson Circle, Hillsborough, NJ 08844</p> <ul style="list-style-type: none"> <li>• (908) 612-8928</li> <li>• <a href="mailto:meetdirector@svynj.org">meetdirector@svynj.org</a></li> <li>• Best time to contact: evenings</li> </ul>
Entry Deadline:	<ul style="list-style-type: none"> <li>• <b>Entry Deadline Date: June 28th, 2010</b></li> <li>• <b>Entries must be emailed to <a href="mailto:meetdirector@svynj.org">meetdirector@svynj.org</a>.</b></li> <li>• You will receive a confirmation that entries have been received.</li> <li>• Team entries will not be considered <u>accepted</u> unless the waiver and entry fees have been received.</li> <li>• Meet Entries will be taken until the meet is full. The host club must stay within the four hour per session rule.</li> <li>• The waiver must accompany payment and must be received before the start of the meet.</li> <li>• It is not necessary to use overnight or express mail to send hard copy and check, which are sent in support of an e-mailed entry.</li> </ul>
Meet Format Waiver:	<p>The host club has the right to change the format of the meet with the approval of the sanctioning chairperson.</p> <ul style="list-style-type: none"> <li>• To allow more swimmers to swim.</li> <li>• To conform to facility capacity limits or for facility safety concerns.</li> <li>• To condense the meet into a smaller timeframe.</li> </ul> <p>The host club has the right to alter or eliminate the required qualifying times.</p>
Internet Website Posting:	<p><b>Pre-Meet Information posted on website.</b></p> <ul style="list-style-type: none"> <li>• Meet Information will be posted on the website.</li> <li>• Downloadable Hy-Tek Events list (HYV.file) will be posted on the website.</li> <li>• List Teams whose entries have been received.</li> <li>• List Updated meet schedule.</li> <li>• List Warm-up Schedule and Team Warm-up Assignments.</li> <li>• List Timing assignments.</li> </ul> <p><b>Post-Meet Information posted on website.</b></p> <ul style="list-style-type: none"> <li>• Downloadable Results (CL2 file)</li> <li>• Downloadable Individual Team Results (CL2 file)</li> <li>• Meet Results</li> </ul>

Coaches Eligibility:	<ul style="list-style-type: none"> <li>All coaches "on the deck" must be members of USA Swimming.</li> <li>Coaches must show coaching card for entrance to facility.</li> <li>Coaches must show coaching card before picking up any meet information or scratch sheets.</li> <li>Coaches must have coaching card visible at all times while on deck.</li> <li>Coaches must have a visible coach's card when entering hospitality area or when asking for food at concessions.</li> </ul>		
Swimmer Eligibility:	<ul style="list-style-type: none"> <li>All swimmers must be listed on a team's official entry form to be eligible to participate in this swim meet in any events including relays.</li> <li><b>Age Groups that will be offered.</b> <ul style="list-style-type: none"> <li>There will be 12 &amp; under, 13 &amp; 14, and 15 and Over.</li> </ul> </li> <li><b>Individual and Relay Limits:</b> <ul style="list-style-type: none"> <li>Swimmers may enter and compete in 3 individual events per day.</li> <li>Swimmers may enter and compete in one (1) relay per day/session.</li> </ul> </li> <li>Age for this meet is: <b>July 9th, 2010</b></li> <li>All participating swimmers must be registered members of USA Swimming.</li> <li>This meet is closed to MA swimmers until such a time as the LAC meet is full.</li> </ul>		
Meet Format:	<ul style="list-style-type: none"> <li>2009/2010 USA Swimming Rules will be in effect.</li> <li>This meet will be run as a Prelim/Final meet for 13 &amp; Older. This meet will be timed finals for 12 &amp; under.</li> </ul>		
Meet Schedule:	<ul style="list-style-type: none"> <li>The building will not open until 30 minutes before the start of warm-ups.</li> <li>There will be three sessions per day.</li> </ul>		
<b>Meet Schedule:</b>			
<b>Friday, July 9<sup>th</sup>, 2010</b>		<b>Warm-up</b>	<b>Start</b>
<b>Session #1</b>	13 & Older Prelims	6:30 a.m.	7:40 a.m.
<b>Session #2</b>	12 & Under Timed finals	12:00 p.m.	1:10 p.m.
<b>Session #3</b>	13 & Older Finals	5:15 p.m.	6:20 p.m.
<b>Saturday, July 10<sup>th</sup>, 2010</b>		<b>Warm-up</b>	<b>Start</b>
<b>Session #4</b>	13 & Older Prelims	6:30 a.m.	7:40 a.m.
<b>Session #5</b>	12 & Under Timed finals	12:00 p.m.	1:10 p.m.
<b>Session #6</b>	13 & Older Finals	5:15 p.m.	6:20 p.m.
<b>Sunday, July 11<sup>th</sup>, 2010</b>		<b>Warm-up</b>	<b>Start</b>
<b>Session #7</b>	13 & Older Prelims	6:30 a.m.	7:40 a.m.
<b>Session #8</b>	12 & Under Timed finals	12:00 p.m.	1:10 p.m.
<b>Session #9</b>	13 & Older Finals	5:15 p.m.	6:20 p.m.
Warm-up Procedures:	<ul style="list-style-type: none"> <li>All teams will be given thirty minutes of warm-ups.</li> <li>Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes.</li> <li>All swimmers are entitled to a fair and comparable warm-up. All teams <b>MUST</b> get the same opportunities for general warm-up lanes, sprint lanes, and pace lanes.</li> <li>All swimmers must enter the pool from the starting end of the pool.</li> <li>USA Swimming officials will monitor warm-ups.</li> <li>All general warm-up lanes will swim in a counterclockwise direction.</li> <li>There will be two 30-minute warm-ups divided by teams. There will be designated sprint lanes/pace lanes during the last 10 minutes. This information will be sent out via e-mail along with the pre-meet information and posted on the Somerset Valley website..</li> </ul>		
Entry Times:	<ul style="list-style-type: none"> <li>Entries will not be accepted with 'NT' or 'No Time' to be used as an entry time.</li> <li>All entry times must be in long course meters.</li> <li>Converted times will be permitted.</li> </ul>		
Check-In:	<ul style="list-style-type: none"> <li>All check-in sheets must be turned into the scoring table 45 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched must follow procedures outlines in "Scratch Procedures" below.</li> <li>All relay events will have a positive check-in that will be posted at the scoring table or the control room.</li> <li>Completed relay cards should be turned into the scoring table only.</li> </ul>		
Starts:	<ul style="list-style-type: none"> <li><b>Fly-over</b> starts will be used.</li> </ul>		

Relays:

- All relays must have the correct four (4) names listed and in the correct order for the relay to be eligible.
- Coaches must turn in completed relay cards 30 minutes prior to that relay swimming at the scoring table.

Approved

Scratch Procedures:

**Scratch Procedures and penalties:**

**Preliminaries and Timed Finals**

The Scratch Table for Finals will be located next to the computer podium. Scratch procedures for Finals will be in accordance with USA-S Rule 207.12.10 D&E.

Scratches for preliminaries must be handed in at the computer podium. No scratches will be accepted at the coaches meeting. Scratch sheets must be turned in 45 minutes before the start of final session. Scratches should be indicated as described below using the Team/Session rosters that will be provided in the Coaches Packet.

**Scratch Sheet Instructions:**

1. Swimmers that are swimming will have a single line through their name. (Example – ~~Swimmer~~)
2. Swimmers that are being scratched from the session will have their name circled and “SCR” will be written next to the circle
3. Swimmers scratching from individual events will have a single line through their name, the event number circled and “SCR” will be written next to the circle

All entries not scratched will become official entries. Any swimmer not scratched using this procedure, who does not swim an event will be considered a “no show” and shall be disqualified from their next event in that session, including entry as a member of a relay team.

**Seeding: Preliminaries and Timed Finals:**

Each session will be seeded after receiving scratches in accordance with USA-S Technical Rules (Rule 102.5).

**Championship Finals, Consolation Finals and Bonus Finals:**

Swimmers initially qualifying for Championship, Consolation Finals and Bonus Finals shall have 30 minutes following the announcement of their names as finalists to scratch a final event by notifying the scratch table. If any swimmers scratch from an event, the first and/or second alternates will be notified and they will then have to declare their intention to swim in or scratch from the Finals in that event. Failure to compete in a Final Event from which the swimmer has not scratched shall disqualify the swimmer from the remainder of the meet. Exceptions: No penalties shall apply for failure to compete in finals if:

- The referee is notified in the event of injury or illness and accepts the proof there of.
- It is determined by the referee that failure to compete is caused by circumstances beyond the control of the swimmer.

**Declaration of Intent to Scratch:**

A swimmer qualifying for consolation or championship finals, based upon the results of the preliminaries in an event, may notify the scratch table within 30 minutes after announcement of the qualifiers for that event that he/she may not compete in the finals of the event, pending the results of a subsequent event in which he/she is entered. The swimmer must declare his/her final intentions within 30 minutes of the completion of subsequent event.

**Declared False Start:**

In the 13/14 and 15/O events, a swimmer may withdraw from a preliminary heat or swim off by electing to take a declared false start. Such declaration must be made known to the pool referee before the heat or swim off is announced. A declared false start counts as an event swum for the swimmer and will be counted in the maximum number of events allowed to be entered by each swimmer.

**Finals:**

**15 and Over events:** During preliminaries the top 24 finishers in each event will be announced. Swimmers placing 1-8 shall compete in championship finals, 9-16 consolation finals and 17-24 bonus finals. Swimmers placing 25th and 26th will be announced as alternates.

**All 13/14 events:** During preliminaries the top 18 finishers in each event will be announced. Swimmers

	placing 1-8 shall compete in championship finals, 9-16 consolation finals, and 17-18 will be announced as alternates.
Awards:	<ul style="list-style-type: none"> <li>• Medals will be awarded for the top 3 relays in each relay event.</li> <li>• Medals will be awarded for the top 3 swimmers in each individual event.</li> </ul>
Scoring:	<ul style="list-style-type: none"> <li>• Individual scoring will be (1-9, 2-7, 3-6, 4-5, 5-4, 6-3, 7-2, 8-1)</li> <li>• Relay scoring will be (1-18, 2-14, 3-12, 4-10, 5-8, 6-6, 7-4, 8-2)</li> </ul>
Entry Fees:	<ul style="list-style-type: none"> <li>• Individual Entry Fee: \$5.00</li> <li>• Relay Entry Fee: \$8.00</li> <li>• Make checks payable to: <b>SVYMCA</b></li> </ul>
Admissions and Programs:	<ul style="list-style-type: none"> <li>• Admission will be \$6.00 per session.</li> <li>• Cost of Program will be \$4.00 per session. Program for finals will be no charge</li> <li>• The spectator area must be emptied after each session.</li> </ul>
Entries:	<ul style="list-style-type: none"> <li>• <b>Team entries must be submitted by E-mail to: <a href="mailto:meetdirector@svynj.org">meetdirector@svynj.org</a> When e-mailing your entries, please put 'JULYINVITE10' in the subject line</b></li> <li>• The meet entry coordinator will respond to e-mail entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer's responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone or mail in your entries.</li> <li>• An Entry Summary with a signed Swimming waiver and a check must follow each e-mailed entry.</li> <li>• Deck entries may be accepted at the meet director's discretion. The deck entry fee will be \$8.00 per entry. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration.</li> <li>• Coaches wishing to deck enter a swimmer should report to the computer table and contact meet director.</li> <li>• Un-attached swimmers should report to the computer desk prior to each session.</li> <li>• Onsite USA registration will be accepted.</li> </ul>
Results:	Results will be posted on the Somerset Valley YMCA Swim Team Website <a href="http://www.svynj.org">www.svynj.org</a> .
FINALS:	<p><b>15&amp;Up Events:</b> During preliminaries, the top 24 finishers in each event will be announced. Swimmers placing 1-8 shall compete in championship finals, 9-16 consolation finals and 17-24 bonus finals. Swimmers placing 25th and 26th will be announced as alternates.</p> <p><b>13/14 Events:</b> During preliminaries the top 18 finishers in each event will be announced. Swimmers placing 1-8 shall compete in championship finals, 9-16 consolation finals, and 17-18 will be announced as alternates</p>
Host Club Responsibilities:	<ul style="list-style-type: none"> <li>• The host club will have stopwatches available for volunteers helping to time.</li> <li>• The host club will create a warm-up schedule that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs and posted on the website <a href="http://www.svynj.org/">www.svynj.org/</a> no later than 5 days before the meet.</li> <li>• The host club will create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs and posted on the website: <a href="http://www.svynj.org/">www.svynj.org/</a> no later than 3 days before the meet.</li> </ul>
Participating Club Responsibilities:	<ul style="list-style-type: none"> <li>• Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website: <a href="http://www.svynj.org/">www.svynj.org/</a> 72-hours prior to the meet.</li> <li>• Participating club parents must stay off the pool deck except for timing assignments.</li> <li>• Participating clubs must help with officiating.</li> </ul>
Bulkhead Safety	<ul style="list-style-type: none"> <li>• Any swimmer observed swimming under or through the Bulkhead by an Official or Safety Monitor at the Meet will be disqualified from that swimmer's next Individual Event or from the remainder of the Meet, as determined by the Meet Referee. This policy will be strictly enforced.</li> </ul>
Vendor/Concessions:	TBD – Confirmation will be sent to all attending teams.

Hotels:	<p><b>BEST WESTERN –</b> 101 GROVE RD THOROFARE, NJ 08086 (609) 848-4111</p> <p><b>DAYS INN –</b> 801 U.S. HWY 130, BROOKLAWN, NJ 08030 (609) 456-6688</p> <p><b>COMFORT INN –</b> 9<sup>TH</sup> AVE &amp; BLACK HORSE PIKE RUNNEMEDE, NJ 08078 (609) 939-6700</p> <p><b>FAIRFIELD INN –</b> 1160 HURFVILLE ROAD DEPTFORD, NJ 08096 (856) 686-9050</p> <p><b>HOLIDAY INN –</b> 109 9TH AVE RUNNEMEDE, NJ 08078 (609) 939-4200</p> <p><b>RESIDENCE INN –</b> 1821 CUTHBERT RD CHERRY HILL, NJ 08034 (609) 429-6111</p> <p><b>RESIDENCE INN –</b> 1154 HURFVILLE ROAD DEPTFORD, NJ 08096 (856) 686-9188</p> <p><b>HOWARD JOHNSON –</b> 341 S. BLACK HORSE PIKE BELLMAWR, NJ 08031 (609) 931-0700</p>
Directions:	<p><b><u>FROM SOUTH JERSEY:</u></b> (Via Route 55 North) Exit at Route 47 Delsea Drive North – Woodbury/Westville Exit 56B. At the traffic light turn left onto Bankbridge Road. At the next light turn left onto Tanyard Rd. The G.C.I.T. entrance is on the left at the bottom of the hill.</p> <p><b><u>FROM NORTH JERSEY:</u></b> (Via Interstate 295) Take Interstate 295 South to Route 42 South and stay in right lane. Take Route 55 South to Exit 56B (Route 47 North Woodbury/Westville). At the traffic light turn left onto Bankbridge Road. At the next light turn left onto Tanyard Rd. The G.C.I.T. entrance is on the left at the bottom of the hill.</p> <p><b><u>FROM DELAWARE MEMORIAL BRIDGE:</u></b> Take Interstate 295 North. Take exit 21 onto Delaware Street and continue through Woodbury. Turn right at second traffic light onto Evergreen Ave. Travel one block and turn left at next light onto Egg Harbor Rd. Proceed about two miles through next traffic light. The G.C.I.T. entrance is on the left at the bottom of the hill.</p> <p><b><u>FROM WALT WHITMAN BRIDGE:</u></b> Cross the Walt Whitman Bridge and take 295 South. Follow the directions from North Jersey.</p> <p><b><u>FROM COMMODORE BARRY BRIDGE:</u></b> Take U.S. Route 130 North to Interstate 295 North. Follow the directions from Delaware Memorial Bridge</p>

## Friday, July 9<sup>th</sup>, 2010

**Session: 1: AM Session**  
**Warm up 6:30 am – Start Time 8:10 am**  
**13 & Older Prelims**

<i>LCM Qualifying Time</i>	<i>SCY Qualifying Time</i>	<i>Girls Event#</i>	<i>Event Description</i>	<i>Boys Event#</i>	<i>SCY Qualifying Time</i>	<i>LCM Qualifying Time</i>
6:00.99	5:17.79	1A	400 IM 13-14	2A	5:00.49	5:44.49
5:50.59	5:09.89	1B	400 IM 15 and over	2B	4:47.79	5:27.09
2:31.79	2:13.79	3A	200 Freestyle 13-14	4A	2:05.29	2:23.29
2:27.79	2:10.39	3B	200 Freestyle 15 and over	4B	2:00.09	2:17.29
32.49	28.69	5A	50 Freestyle 13-14	6A	26.99	30.29
31.79	27.99	5B	50 Freestyle 15 and over	6B	25.29	28.79
3:15.99	2:52.79	7A	200 Breaststroke 13-14	8A	2:44.29	3:05.99
3:09.69	2:48.79	7B	200 Breaststroke 15 and over	8B	2:36.09	2:58.29

**Session: 2 Mid Day Session**  
**Warm up starts at 12:00 Start Time 01:10**  
**12 & Under Timed Finals**

5:32.99	6:09.99	9	400 Freestyle 11-12	10	6:04.99	5:27.99
49.89	43.49	11	50 Back 10 and under	12	43.69	50.09
42.29	36.79	13	50 Back 11-12	14	36.49	42.19
3:46.49	3:19.39	15	200 IM 10 and under	16	3:18.09	3:44.79
3:14.79	2:50.69	17	200 IM 11-12	18	2:49.39	3:13.89
41.89	36.39	19	50 Butterfly 11-12	20	36.09	41.69

**Session: 3 Evening Session**  
**Warm up starts at 5:20 Start Time 6:15**  
**13 & Older Finals**

		1A	400 IM 13-14	2A		
		1B	400 IM 15 and over	2B		
		3A	200 Freestyle 13-14	4A		
		3B	200 Freestyle 15 and over	4B		
		5A	50 Freestyle 13-14	6A		
		5B	50 Freestyle 15 and over	6B		
		7A	200 Breaststroke 13-14	8A		
		7B	200 Breaststroke 15 and over	8B		

## Saturday July 10<sup>th</sup>, 2010

**Session: 4: AM Session**  
**Warm up 6:30 am – Start Time 8:10 am**  
**13 & Older Prelims**

<i>LCM Qualifying Time</i>	<i>SCY Qualifying Time</i>	<i>Girls Event#</i>	<i>Event Description</i>	<i>Boys Event#</i>	<i>SCY Qualifying Time</i>	<i>LCM Qualifying Time</i>
5:16.79	5:52.99	21A	400 Free 13-14	22A	5:35.19	5:02.79
5:08.89	5:47.39	21B	400 Free 15 and over	22B	5:24.29	4:50.19
1:19.49	1:09.79	23A	100 Butterfly 13-14	24A	1:04.89	1:14.09
1:17.69	1:08.29	23B	100 Butterfly 15 and over	24B	1:02.09	1:10.69
2:55.49	2:33.49	25A	200 IM 13-14	26A	2:25.29	2:46.39
2:50.29	2:29.99	25B	200 IM 15 and over	26B	2:17.09	2:37.89
1:20.09	1:10.49	27A	100 Backstroke 13-14	28A	1:06.19	1:16.49
1:18.29	1:08.59	27B	100 Backstroke 15 and over	28B	1:02.69	1:12.59

**Session: 5 Mid Day Session**  
**Warm up starts at 12:00 Start Time 01:10**  
**12 & Under Timed Finals**

36.39	31.89	29	50 Freestyle 11-12	30	30.99	35.29
1:32.99	1:21.59	31	100 Freestyle 10 and under	32	1:19.99	1:31.09
3:15.29	2:48.89	33	200 Back 11-12	34	2:45.59	3:11.09
1:55.19	1:42.09	35	100 Fly 10 and under	36	1:40.39	1:53.19
1:41.89	1:29.29	37	100 Breaststroke 11-12	38	1:27.79	1:40.89
54.89	47.79	39	50 Breaststroke 10 and under	40	47.89	55.09
2:50.79	2:31.49	41	200 Freestyle 11-12	42	2:27.49	2:47.79
3:23.59	2:58.29	43	200 Freestyle 10 and under	44	2:50.89	3:23.59
3:14.19	2:51.79	45	200 Butterfly 11-12	46	2:48.29	3:13.79
		47	200 Medley Relay 10 and under	48		
		49	200 Medley Relay 11-12	50		

**Session: 6 Evening Session**  
**Warm up starts at 5:20 Start Time 6:15**  
**13 & Older Finals**

		21A	400 Free 13-14	22A		
		21B	400 Free 15 and over	22B		
		23A	100 Butterfly 13-14	24A		
		23B	100 Butterfly 15 and over	24B		
		25A	200 IM 13-14	26A		
		25B	200 IM 15 and over	26B		
		27A	100 Backstroke 13-14	28A		
		27B	100 Backstroke 15 and over	28B		
		51	200 Medley Relay 13-14	52		
		53	200 Medley Relay 15 and over	54		

## Sunday July 11<sup>th</sup>, 2010

**Session: 7: AM Session**  
**Warm up 6:30 am – Start Time 8:10 am**  
**13 & Older Prelims**

LCM Qualifying Time	SCY Qualifying Time	Girls Event#	Event Description	Boys Event#	SCY Qualifying Time	LCM Qualifying Time
1:30.99	1:20.59	55A	100 Breaststroke 13-14	56A	1:16.09	1:25.99
1:28.79	1:17.69	55B	100 Breaststroke 15 and over	56B	1:10.89	1:20.09
2:52.39	2:32.69	57A	200 Backstroke 13-14	58A	2:23.99	2:44.69
2:48.89	2:26.89	57B	200 Backstroke 15 and over	58B	2:15.69	2:34.29
1:10.39	1:02.19	59A	100 Freestyle 13-14	60A	57.39	1:05.99
1:08.59	1:00.79	59B	100 Freestyle 15 and over	60B	55.19	1:03.09
2:58.29	2:38.59	61A	200 Butterfly 13-14	62A	2:30.29	2:48.79
2:52.69	2:32.69	61B	200 Butterfly 15 and over	62B	2:21.39	2:40.59

**Session: 8 Mid Day Session**  
**Warm up starts at 12:00 Start Time 01:10**  
**12 & Under Timed Finals**

3:40.59	3:11.69	63	200 Breaststroke 11-12	64	3:07.29	3:37.49
2:02.29	1:46.69	65	100 Breaststroke 10 and under	66	1:43.89	1:59.79
1:31.09	1:21.09	67	100 Backstroke 11-12	68	1:19.09	1:31.39
40.79	35.99	69	50 Free 10 and under	70	35.19	40.19
1:30.79	1:20.19	71	100 Butterfly 11-12	72	1:18.69	1:29.49
48.59	42.99	73	50 Butterfly 10 and under	74	41.99	46.89
45.59	40.89	75	50 Breaststroke 11-12	76	40.79	47.09
1:48.89	1:33.99	77	100 Backstroke 10 and under	78	1:32.09	1:45.59
1:19.59	1:08.29	79	100 Freestyle 11-12	80	1:07.89	1:17.39
		81	10 and under 200 Free Relay	82		
		83	11-12 200 Free Relay	84		

**Session: 9 Evening Session**  
**Warm up starts at 5:20 Start Time 6:15**  
**13 & Older Finals**

		55A	100 Breaststroke 13-14	56A		
		55B	100 Breaststroke 15 and over	56B		
		57A	200 Backstroke 13-14	58A		
		57B	200 Backstroke 15 and over	58B		
		59A	100 Freestyle 13-14	60A		
		59B	100 Freestyle 15 and over	60B		
		61A	200 Butterfly 13-14	62A		
		61B	200 Butterfly 15 and over	62B		
		85	200 Free Relay 13-14	86		
		87	200 Free Relay 15 and over	88		



Meet Verification Form

Club Name \_\_\_\_\_ Club Code: \_\_\_\_\_

Coach's Name \_\_\_\_\_ Phone # \_\_\_\_\_

Email Address \_\_\_\_\_

Final results mailed to \_\_\_\_\_

Address \_\_\_\_\_

I hereby certify that all swimmers and coaches listed on the entry or hard copy with disk entries, **July Independence Invitational** to be held on **July 9<sup>th</sup>, 10<sup>th</sup> and 11<sup>th</sup>, 2010** are registered members of New Jersey Swimming/ USA Swimming. All USA Swimming numbers are correctly listed and, unless otherwise noted, are not required to swim unattached (UN) due to the 120-day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Signature cannot be photocopied)

Article 302.4 of the United States Swimming Rules and regulations;

**FALSE REGISTRATION:** An LSC may impose a fine of up to **\$100 per event** against a member coach or a member club's representative signing a document which indicates a swimmer is registered with United States Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

**List All Unattached Swimmers:**

- Unattached Swimmer: \_\_\_\_\_
- Unattached Swimmer: \_\_\_\_\_
- Unattached Swimmer: \_\_\_\_\_
- Unattached Swimmer: \_\_\_\_\_
- Unattached Swimmer: \_\_\_\_\_
- Unattached Swimmer: \_\_\_\_\_

**July Independence Invitational**  
Saturday, and Sunday, July 9<sup>th</sup> – 11<sup>th</sup>, 2010

**\*\*\*WAIVER\*\*\***

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, MA Swimming, GCIT and the Somerset Valley YMCA, and their staff for any injuries and/or expenses occurred by me/us at the swim meet, or while on the road to and from the meet. I/we are bona fide amateur athletes and eligible to compete in all the events I/we have entered.

**NAME OF CLUB:** \_\_\_\_\_

**CLUB CODE:** \_\_\_\_\_

**SIGNATURE OF CLUB OFFICIAL, COACH, AND/OR PARENT OR GUARDIAN:**

\_\_\_\_\_ (Print Name)

\_\_\_\_\_ (Signature)

\_\_\_\_\_ (Address)

\_\_\_\_\_ (Telephone)

**NAME(S) OF COACH:** \_\_\_\_\_

\_\_\_\_\_

**LOCATION OF CLUB:** \_\_\_\_\_ (City) \_\_\_\_\_ (State)

**NAME/PHONE #/E-MAIL ADDRESS** of person to contact regarding this entry:

\_\_\_\_\_

**NAME/PHONE #/E-MAIL ADDRESS** OF PERSON TO CONTACT REGARDING TIMERS/OFFICIALS:

\_\_\_\_\_

**NAME/PHONE #/E-MAIL ADDRESS** OF PERSON TO RECEIVE FINAL RESULTS:

\_\_\_\_\_

**TOTAL ENTRY FEES:** \_\_\_\_\_ Individual Event Entries @ \$5.00 = \$ \_\_\_\_\_

\_\_\_\_\_ Relay Event Entries @ \$8.00 = \$ \_\_\_\_\_

TOTAL ENTRY FEES: = \$ \_\_\_\_\_

**MAKE CHECKS PAYABLE TO: SVYMCA**

Mail to: Tom Pearce, 35 Winslow Drive, Martinsville, NJ 08836