

| <u>Name of Meet</u> | NEW JERSEY SWIMMING'S SHORT COURSE 13-14 & 15-19 'SILVER/BRONZE' CHAMPIONSHIPS – Region B 2012 Hosted by Ocean County YMCA & Freehold-Old Bridge YMCA |
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| <u>Meet Sanction #:</u> | NJS031012SCB In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. |
| <u>Date(s) of Meet:</u> | Saturday and Sunday, March 10-11, 2012 |
| <u>Location</u> | Ocean County YMCA, 1088 W. Whitty Road, Toms River, NJ 08755. 732-341-9622 |
| <u>Facility Info:</u> | The OCY pool is a Twelve-lane, 25 yard, single course pool with non-turbulent lane lines and Colorado timing system and full display board. Eight lanes will be used for competition and Two lanes will be used for warm up/warm down. The depth of the water at the starting blocks is 14'- 0" and the depth at the turn end is 4'-0". No deck chairs, no strollers, and no coolers are allowed in the facility. No pets are allowed on the deck or in the stands. Note: The meet host reserves the right to change the amount of competition lanes based on the timeline. |
| <u>Pool Certification Statement:</u> | The competition course has not been certified in accordance with 104.2.2C(4). Note that this statement is a required meet announcement statement, and refers to the pre-certification of the pool length measurement in regards to National and World Record swims which may occur in the pool. The fact that this pool is not certified in accordance to 104.2.2C(4) does not impact on the validity of the times achieved in this pool. Times swum at this meet will in fact be entered in SWIMS and are eligible for qualifying for any other USA Swimming sanctioned competition. |
| <u>Audio/Visual Recording Statement:</u> | Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. |
| <u>Meet Director:</u> | Justin Alsobrooks, 732-232-9563, meetdirector@ocytigersharks.org |
| <u>Meet Referee:</u> | Bruce Peterson, bpeter8559@mac.com |
| <u>Meet Marshal:</u> | Doug Griswold, ocystacofficials@gmail.com |
| <u>Entry Coordinator:</u> | Entry Coordinator, Justin Alsobrooks E-Mail: meetdirector@ocytigersharks.org <ul style="list-style-type: none"> • Phone: 732-232-9563 • Make checks payable to: Ocean County YMCA. |
| <u>Meet Requirement Statement:</u> | In order to be eligible for the SC New Jersey Zone Championship Team or for NJ Swimming Athlete Reimbursement for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts towards those participation requirements. |
| <u>Internet Posting:</u> | All meet information will be posted at: www.ocytigersharks.org in addition to NJ Swimming's website of http://www.njswim.org/ |
| <u>Entry Deadline:</u> | Entry Deadline Date: Wednesday, February 29, 2012 All entries will be accepted up until the entry deadline. As an NJS Championship designated meet, the 4 hour per session rule does not pertain to this meet. Email entries to: meetdirector@ocytigersharks.org (Please use 13 & O SBMEET in subject line) Mail the entry summary, signed waiver and check to : Justin Alsobrooks, Meet Director, 1088 West Whitty Road, Toms River, NJ 08755 It is not necessary to use overnight or express mail to send hard copy and check, which are sent in support of an e-mailed entry. NOTE: The meet host reserves the right to scratch swimmers/teams that have not paid their entry fees and turned in their waiver forms by the start of the meet. |

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| <p><u>Entries:</u></p> | <ul style="list-style-type: none"> • In accordance with NJS policy, team entries must be submitted by E-mail to: meetdirector@ocytigersharks.org • All entries should be Hy-Tek program entries as an attached file to an e-mail. • The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer's responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone. • An Entry Summary with a signed NJ Swimming waiver and a check must accompany or follow each entry. • Accuracy of seed times is essential. Incomplete entries will not be accepted. • Deck entries will not be accepted. No phone or faxed entries will be accepted. |
| <p><u>Teams Competing In Region B:</u></p> | <p>CJAC, EEX, HACY, HCY, JCSC, MB, NJRC, OCY, PAA, PENN, PPST, PTAC, PUST, RBY, TAC, WW, XCEL, FOBY</p> |
| <p><u>Meet Format Waiver:</u></p> | <p>The host club has the right to change the format of the meet with the approval of the administrative chairman and age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for changes include:</p> <ul style="list-style-type: none"> • To allow more swimmers to swim. • To conform to facility capacity limits or for facility safety concerns. • To condense the meet into smaller time frames. |
| <p><u>Amending Entries Process:</u></p> | <p>Coaches will be permitted to amend inaccuracies in their meet entries for this meet. The Entry Coordinator is Justin Alsobrooks, e-mail: meetdirector@ocytigersharks.org The process shall be as follows:</p> <ol style="list-style-type: none"> 1. The Host Team will enter each team into meet database as the entries are received. 2. The entries for each team will be e-mailed to that team and posted on the 13-19 SilverBronze Champs webpage: www.ocytigersharks.org 3. Upon receipt of the entry list for their team, the coach will be expected to proof the entries for their team. The coach must respond to the email, either indicating that the entries are accepted as is or amending as explained below. 4. After the entry deadline has passed, should a swimmer be missing from the entry list or if a swimmer is missing from an event, then the coach can enter the swimmer through the following process: <ul style="list-style-type: none"> • The coach needs to make a list of the missing entry information: swimmer's name, USA-S number, event number and entry time. • The list of the missing swimmers and their events are then to be e-mailed to the Host Team Entry Coordinator (e-mail: meetdirector@ocytigersharks.org) no later than 9:00 PM on the Wednesday (March 7th) before the start of the meet. Please do not email a Hy-Tek file. • The entry fee for all events entered in this manner will be \$10.00 per event and payable before the start of the meet. Should the entry fee not be paid, then the swimmer(s) will not be permitted to swim in the amended event(s) in the meet. |
| <p><u>Internet Website Posting:</u></p> | <p>Official website for the 13-19 Silver/Bronze SC Championships Region B 2012 is: www.ocytigersharks.org. Duplication information will be posted on New Jersey Swimming's website: http://www.njswim.org/</p> <p><u>Pre-Meet Information:</u></p> <ul style="list-style-type: none"> • Meet Information • Hy-Tek Meet Events (HYV File) • Relay Eligibility Meet Info for Team Manager • Team Entry Status • Distance Event Information • Warm-up Assignments • Timing Assignments <p><u>Post-Meet Information:</u></p> <ul style="list-style-type: none"> • Final Results by sessions • Hy-Tek Meet Manager Back-up • Hy-Tek C-File Results |

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| <u>Coaches Eligibility:</u> | <ul style="list-style-type: none"> • All coaches “on the deck” must be members of USA Swimming. • Coaches must show coaching card for entrance to facility. • Coaches must have a visible coach’s card when entering hospitality area. |
| <u>Swimmer Eligibility:</u> | <p>NOTES: Starting with the 2011-2012 winter season, the qualifying time period for winter JO’s and Silver/Bronze meets is from Jan 1st of the previous year thru the entry deadline of the meet.</p> <p>Registration Requirements:</p> <ul style="list-style-type: none"> • All swimmers must be members of USA Swimming to enter and compete in this meet. • All swimmers must be listed on a team’s official entry form to be eligible to participate in this swim meet in any events including relays. • This is a New Jersey Swimming Championship Meet; only New Jersey Swimming athletes may enter and compete in this meet. <p>Unattached Swimmers:</p> <ul style="list-style-type: none"> • Before a transfer swimmer can represent their new USA Swimming club as an attached member, 120 days must have elapsed since they last represented another USA Swimming club in USA Swimming competition. (See rule 203.3). Swimmers are to use an UN- (New Team Alpha Code) as their team affiliation until the 120 day period has elapsed. All Unattached swimmers must be listed on the team’s official waiver entry form. <p>Age Groups that will be offered:</p> <ul style="list-style-type: none"> • There will be Girls 13-14 and 15-19 Events & Boys 13-14 and 15-19 Events. • All swimmers must have times slower than the current New Jersey Gold Time Standards. • If a swimmer is entered in the meet, and then achieves a Gold time in one or more of their entered events prior to the start of the meet, that swimmer MUST be removed from that event(s). They will be allowed to substitute another eligible event(s) if they have any or the entry fee will be refunded if a swimmer is ineligible to compete in a substitute event. Failure to do so will result in the disqualification of the swimmer (even retroactively), and the swimmer’s club may be penalized and/or fined by NJ Swimming for each such infraction. • Similarly, if a swimmer was initially entered in the Bronze division of an event, and then achieves a Silver time in said event prior to the start of this meet, then that swimmer’s entry needs to be amended so that they do not compete in the Bronze division of that event. Again, failure to do so will result in the penalties stated above. <p>Individual Limits:</p> <ul style="list-style-type: none"> • New Jersey Swimming allows swimmers to compete in 3 individual events per day. Swimmers may enter as many events as they qualify for but must scratch down to 3 events prior to the start of the session. If a swimmer is not scratched down to three events, then the first three entered events that are contested will then be considered as the three events that the swimmer is eligible to compete in. • Swimmers may compete in one relay per day. <p>Age at Meet:</p> <ul style="list-style-type: none"> • Age for this meet is as of: Saturday, March 10, 2012 <p>Qualifying Period:</p> <ul style="list-style-type: none"> • The qualifying period for this meet is Jan 1, 2011 thru the entry deadline. <p>Bronze “Bottom Cuts”:</p> <ul style="list-style-type: none"> • There are 5 Bronze events (50 free, 100 free, 100 back, 100 breast & 100 fly) that have no bottom cuts. • There are “bottom cuts” for Bronze Events of 200 yards. • A Bronze level swimmer who does not have times faster than any of the 200 bottom cuts may choose 1 (one) 200 yard event where they do not have a bottom cut in which to participate (giving them 6 events). • All individual events of 400 yards or longer are only open to swimmers who have Silver times in those events during the meet qualifying period (since Jan 1, 2011). • A bronze level swimmer can’t pick the 400 IM, 500 free, 1000 free or 1650 free as their 6th event! |

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| <u>State Championships Restriction:</u> | Swimmers may not compete in a given event at both a Silver/Bronze Championship meet and the SC JO meet, unless they achieved the SC JO qualifying time in that event at the Silver/Bronze meet, or at another Sanctioned or Approved meet attended in between the Silver/Bronze meet and JOs. |
| <u>Swimmers Unaccompanied by a USAS Certified Coach</u> | Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. |
| <u>Meet Format:</u> | <ul style="list-style-type: none"> This meet will be run in accordance to current USA Swimming Rules. This meet will be run as a time final meet. <p><u>How seeding will be done.</u></p> <ul style="list-style-type: none"> This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to directly to the blocks. |
| <u>Special Meet Format:</u> | This meet will be run concurrently with a Region A meet. |
| <u>Meet Schedule:</u> | <ul style="list-style-type: none"> The building will not open before 7:00 a.m. for swimmers/coaches and 7:30 a.m. for spectators/officials. This meet will have three sessions per day. |

Meet Schedule

| Saturday, March 10, 2012 | | Warm-up | Start |
|---------------------------------|---------------------|----------------|--------------|
| Session 1 | 13-14 & 15-19 Girls | 8:00 a.m. | 9:00 a.m. |
| Session 2 | 1650 yd. Freestyle | TBA | TBA |
| Session 3 | 13-14 & 15-19 Boys | TBA | TBA |
| Sunday, March 11, 2012 | | Warm-up | Start |
| Session 4 | 13-14 & 15-19 Girls | 8:00 a.m. | 9:00 a.m. |
| Session 5 | 1000 yd. Freestyle | TBA | TBA |
| Session 6 | 13-14 & 15-19 Boys | TBA | TBA |

Warm-up & Start times for Sessions 2, 3, 5 & 6 will be provided once all entries for the meet have been received and the timeline determined.

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| <u>Warm-up Procedures:</u> | <p>Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines.</p> <p><u>Entry Into Pool:</u></p> <ul style="list-style-type: none"> All swimmers must enter the pool feet first from the starting end of the pool. <p><u>Host Team Monitoring Warm-ups.</u></p> <ul style="list-style-type: none"> The warm-ups will be monitored by the Ocean County YMCA & Freehold-Old Bridge YMCA meet marshals. All general warm-up lanes will swim in a counterclockwise direction. No equipment of any kind will be allowed during warm-ups. <p><u>Warm-up Schedules.</u></p> <ul style="list-style-type: none"> The warm-up sessions will be divided fairly and equitably by teams. There will be specific assigned lanes for each team. |
| <u>Entry Times:</u> | <ul style="list-style-type: none"> New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time. All entry times must be slower than the New Jersey Short Course Yards Gold Time Standards. There are "bottom cut" times for all 200 yard events. Entry times for these events must be faster than these "bottom cut" times, except as noted in the Swimmer Eligibility section above – a Bronze level swimmer without any 200 yard event bottom cut may swim 1 (one) 200 yard event of their choice. There are "bottom cut" times for the 500 free, 1000 free, 1650 free & 400 IM which equal the Silver qualifying times. Entry times for these events must be faster than the Silver qualifying times. All entry times must be in short course yards. NJ Swimming does not allow deck entries. |
| <u>Check-In:</u> | <ul style="list-style-type: none"> All check-in sheets must be turned into the scoring table 35 minutes before the start of each session. Swimmers that are swimming will have a line through their |

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| | <p>name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through his/her name and the event number circled with "SCR" next to the circle. Failure to follow this procedure may result in the swimmer(s) being scratched from the session.</p> |
| <u>Starts:</u> | <p>New Jersey Swimming requires that whistle starts be used.</p> <ul style="list-style-type: none"> The Meet Time Line will determine if 'Fly-over'/'Over-the-top' starts will be used. If there is a need to slow down the meet and at the discretion of the meet referee, swimmers will be allowed to get out of the pool. |
| <u>Distance Events:</u> | <ul style="list-style-type: none"> All Distance Events in Sessions 2 & 5 will be swum fastest to slowest. Swimmers for the 1000 yard Freestyle & the 1650 yd Freestyle must provide their own timers & counter. Host Clubs & assigned team timers will time 500 yd. Freestyle events. Swimmers will be responsible for providing their own counters for the 500 yd. Freestyle. The Girls 13-14 & Girls 15-19 1000 yd free and 1650 yd free may be swum as a single combined event but will be scored as separate age groups. The Boys 13-14 & Boys 15-19 1000 yd free and 1650 yd free may be swum as a single combined event but will be scored as separate age groups. If necessary to save time, the slowest heats of the Girls and Boys 1000 & 1650 events may be combined, and the genders may NOT necessarily be separated by a lane. |
| <u>Heat Limited Events:</u> | <ul style="list-style-type: none"> None anticipated at this time, although if the time-line requires it, the 1000 yd free and the 1650 yd free may be heat limited. |
| <u>Relays:</u> | <ul style="list-style-type: none"> All relays MUST HAVE THE CORRECT FOUR NAMES LISTED AND THE CORRECT order for that relay to be eligible. Coaches must turn in relay cards prior to that relay swimming, listing correct swimmers names and correct order. <ul style="list-style-type: none"> In order to swim in a relay designated as a Silver/Bronze event, no swimmer on that relay may have a previous Gold time in the stroke and distance that the swimmer will swim in that relay. For example, a swimmer with a previous gold time in the 50 free cannot swim the freestyle leg of a 200 yd medley relay. <p>If a team doesn't have enough eligible swimmers to complete in a relay, then that relay must be scratched and may not be swum with an ineligible swimmer. Any relay team in violation of this requirement will be disqualified and the information will be turned over to New Jersey Swimming for possible penalties and fines. (See the NJS Policy Manual for list of fines.) The Meet Referee and/or the meet jury will handle any protest of relay swimmers during the meet. New Jersey Swimming will handle any protest of relay swimmers after the meet.</p> |
| <u>Scoring:</u> | <ul style="list-style-type: none"> Team Scoring will not be kept. |
| <u>Awards:</u> | <ul style="list-style-type: none"> Medals will be awarded for the top 6 swimmers in both the Bronze and Silver categories in each individual event that is of 200 yards or less. For the Silver Only individual events (400 IM & 500, 1000, 1650 Free), medals will be awarded to the top 6 swimmers overall. Relay awards for 1st thru 3rd places A swimmer seeded with a Bronze Time will not receive an award if a 'GOLD' time is achieved. |
| <u>Entry Fees:</u> | <ul style="list-style-type: none"> Individual Entry Fee: \$5.00 Relay Entry Fee: \$8.00 Make checks payable to: Ocean County YMCA |
| <u>Admissions and Programs:</u> | <ul style="list-style-type: none"> Admission will be \$8.00 per session. Cost of Program will be \$10.00 for the entire meet. |
| <u>Host Clubs Responsibilities:</u> | <ul style="list-style-type: none"> The host clubs will have stopwatches available for volunteers helping to time. The host clubs will e-mail all club entries and exception reports back to the participating clubs. The host clubs will create a warm-up schedule that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs no later than 1 week before the meet. |

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| | <ul style="list-style-type: none"> The host clubs will create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs no later than 1 week before the meet. |
| <u>Participating Club Responsibilities:</u> | <ul style="list-style-type: none"> Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs 1 week prior to the meet. Participating club parents must stay off the pool deck except for timing assignments. Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary. Participating club swimmers will be responsible for proving timers and counters as noted in the distance session. |
| <u>Concessions:</u> | Refreshments will be available by the entrance. |
| <u>Vendor:</u> | The "Sport Spot" will be in attendance by the entrance. |
| <u>Hotels:</u> | <ul style="list-style-type: none"> Hilton Garden Inn Lakewood 1885 Rt 70, Lakewood, New Jersey, USA 08701 Tel: 1-732-262-5232 Fax: 1-732-262-5233 Holiday Inn Toms River 290 Hwy 37 East _Toms River , New Jersey 08753 Tel: 1-732-244-4000 Fax: 1-732-244-4052 |
| <u>Directions:</u> | <p>Directions:</p> <p><u>FROM THE NORTH</u> Take Garden State Parkway Exit 88 to Route 70 West. Take Route 70 West to New Hampshire Avenue South. (To make left turn you must use jug handle to right). Continue 2 ½ miles on New Hampshire. Make right turn at traffic light onto West Whitty Road (just before the Garden State Parkway Overpass). The "Y" will be on the right just past the cemetery.</p> <p><u>FROM THE SOUTH</u> Take Garden State Parkway Exit 83 (You will be on Route 9 North). Continue North, West Whitty Road will be the second traffic light. Turn right onto West Whitty Road and the "Y" will be a quarter mile further on the left.</p> <p><u>FROM THE SOUTH</u> Take Route 70 East to Route 571 East. (Right Turn onto Route 571). At the Route 9 intersection make left turn to Route 9, West Whitty Road will be the second traffic light. Turn right onto West Whitty Road and the "Y" will be a quarter mile further on the left.</p> |

NEW JERSEY SWIMMING 13-14 & 15-19 'SILVER/BRONZE' REGION B CHAMPIONSHIPS
SATURDAY AND SUNDAY, MARCH 10-11, 2012

SATURDAY - ORDER OF EVENTS

SESSION #1 – 13-14 & 15-19 Girls: Warm Up: 8:00 a.m. (Split Warm-ups: divided by teams.)
Session Start Time: 9:00 a.m.

| Event # | Silver Time Standard: | Gold Time Standard: | Age Group Event | "Faster Than Qualifying Time" |
|----------------|------------------------------|----------------------------|--------------------------------------|--------------------------------------|
| #1 | N/A | N/A | Girls 13-14 – 200 yd. Medley Relay * | N/A |
| #2 | N/A | N/A | Girls 15-19 – 200 yd. Medley Relay * | N/A |
| #3 | 1:13.59 | 1:05.29 | Girls 13-14 – 100 yd. Backstroke | N/A |
| #4 | 1:10.19 | 1:02.39 | Girls 15-19 – 100 yd. Backstroke | N/A |
| #5 | 2:36.89 | 2:22.49 | Girls 13-14 – 200 yd. Ind. Medley | 2:47.50 |
| #6 | 2:30.29 | 2:15.59 | Girls 15-19 – 200 yd. Ind. Medley | 2:42.60 |
| #7 | 1:22.49 | 1:14.89 | Girls 13-14 – 100 yd. Breaststroke | N/A |
| #8 | 1:19.39 | 1:11.29 | Girls 15-19 – 100 yd. Breaststroke | N/A |
| #9 | 1:02.89 | 57.09 | Girls 13-14 – 100 yd. Freestyle | N/A |
| #10 | 1:01.09 | 54.79 | Girls 15-19 – 100 yd. Freestyle | N/A |
| #11 | 2:43.99 | 2:27.79 | Girls 13-14 – 200 yd. Butterfly | 2:56.10 |
| #12 | 2:38.79 | 2:17.39 | Girls 15-19 – 200 yd. Butterfly | 2:53.10 |
| #13 | 6:04.99 | 5:35.59 | Girls 13-14 – 500 yd. Freestyle | 6:05.00 |
| #14 | 5:52.19 | 5:18.69 | Girls 15-19 – 500 yd. Freestyle | 5:52.20 |

SESSION #2 – 1650 yd. Freestyle:
Warm Up: TBA Start Time: TBA

| Event # | Silver Time Standard: | Gold Time Standard: | Age Group Event | "Faster Than Qualifying Time" |
|----------------|------------------------------|----------------------------|----------------------------------|--------------------------------------|
| #15 | 20:21.69 | 19:21.69 | Girls 13-14 - 1650 yd. Freestyle | 20:21.70 |
| #16 | 20:08.99 | 18:45.59 | Girls 15-19 - 1650 yd. Freestyle | 20:09.00 |
| #17 | 19:50.29 | 18:50.29 | Boys 13-14 - 1650 yd. Freestyle | 19:50.30 |
| #18 | 19:00.99 | 18:00.99 | Boys 15-19 - 1650 yd. Freestyle | 19:01.00 |

SESSION #3 – 13-14 & 15-19 Boys
Warm Up: TBA Start Time: TBA

| Event # | Silver Time Standard: | Gold Time Standard: | Age Group Event | "Faster Than Qualifying Time" |
|----------------|------------------------------|----------------------------|-------------------------------------|--------------------------------------|
| #19 | N/A | N/A | Boys 13-14 – 200 yd. Medley Relay * | N/A |
| #20 | N/A | N/A | Boys 15-19 – 200 yd. Medley Relay * | N/A |
| #21 | 1:11.59 | 1:02.89 | Boys 13-14 – 100 yd. Backstroke | N/A |
| #22 | 1:05.19 | 56.79 | Boys 15-19 – 100 yd. Backstroke | N/A |
| #23 | 2:34.49 | 2:14.19 | Boys 13-14 – 200 yd. Ind. Medley | 2:46.90 |
| #24 | 2:20.29 | 2:04.59 | Boys 15-19 – 200 yd. Ind. Medley | 2:36.10 |
| #25 | 1:20.39 | 1:10.39 | Boys 13-14 – 100 yd. Breaststroke | N/A |
| #26 | 1:14.99 | 1:04.99 | Boys 15-19 – 100 yd. Breaststroke | N/A |
| #27 | 1:01.49 | 53.29 | Boys 13-14 – 100 yd. Freestyle | N/A |
| #28 | 55.39 | 49.19 | Boys 15-19 – 100 yd. Freestyle | N/A |
| #29 | 2:40.59 | 2:22.69 | Boys 13-14 – 200 yd. Butterfly | 2:55.90 |
| #30 | 2:25.59 | 2:07.69 | Boys 15-19 – 200 yd. Butterfly | 2:41.00 |
| #31 | 6:03.19 | 5:22.19 | Boys 13-14 – 500 yd. Freestyle | 6:03.20 |
| #32 | 5:31.69 | 4:58.59 | Boys 15-19 – 500 yd. Freestyle | 5:31.70 |

*** In order to swim in a relay designated as a Silver/Bronze event, no swimmer on that relay may have a previous Gold time in the stroke and distance that the swimmer will swim in that relay.**

NEW JERSEY SWIMMING 13-14 & 15-19 'SILVER/BRONZE' REGION B CHAMPIONSHIPS
SATURDAY AND SUNDAY, MARCH 10-11, 2012

SUNDAY - ORDER OF EVENTS

SESSION #4 – 13-14 & 15-19 Girls: Warm Up: 8:00 a.m. (Split Warm-ups: divided by teams.)
Session Start Time: 9:00 a.m.

| <u>Event #</u> | <u>Silver Time Standard:</u> | <u>Gold Time Standard:</u> | <u>Age Group Event</u> | <u>"Faster Than Qualifying Time"</u> |
|-----------------------|-------------------------------------|-----------------------------------|---|---|
| #33 | N/A | N/A | Girls 13-14 – 200 yd. Freestyle Relay * | N/A |
| #34 | N/A | N/A | Girls 15-19 – 200 yd. Freestyle Relay * | N/A |
| #35 | 5:39.69 | 5:04.09 | Girls 13-14 – 400 yd. Ind. Medley | 5:39.70 |
| #36 | 5:28.99 | 4:50.09 | Girls 15-19 – 400 yd. Ind. Medley | 5:29.00 |
| #37 | 28.99 | 26.29 | Girls 13-14 – 50 yd. Freestyle | N/A |
| #38 | 28.19 | 25.39 | Girls 15-19 – 50 yd. Freestyle | N/A |
| #39 | 1:13.79 | 1:04.79 | Girls 13-14 – 100 yd. Butterfly | N/A |
| #40 | 1:09.89 | 1:00.59 | Girls 15-19 – 100 yd. Butterfly | N/A |
| #41 | 2:59.89 | 2:43.69 | Girls 13-14 – 200 yd. Breaststroke | 3:12.10 |
| #42 | 2:52.69 | 2:34.79 | Girls 15-19 – 200 yd. Breaststroke | 3:09.90 |
| #43 | 2:39.39 | 2:19.89 | Girls 13-14 – 200 yd. Backstroke | 2:48.10 |
| #44 | 2:30.99 | 2:14.99 | Girls 15-19 – 200 yd. Backstroke | 2:44.10 |
| #45 | 2:16.79 | 2:04.59 | Girls 13-14 – 200 yd. Freestyle | 2:24.40 |
| #46 | 2:11.49 | 1:57.99 | Girls 15-19 – 200 yd. Freestyle | 2:20.20 |

SESSION #5 – 1000 yd. Freestyle:
Warm Up: TBA Start Time: TBA

| <u>Event #</u> | <u>Silver Time Standard:</u> | <u>Gold Time Standard:</u> | <u>Age Group Event</u> | <u>"Faster Than Qualifying Time"</u> |
|-----------------------|-------------------------------------|-----------------------------------|----------------------------------|---|
| #47 | 12:22.29 | 11:37.29 | Girls 13-14 - 1000 yd. Freestyle | 12:22.30 |
| #48 | 12:11.09 | 11:12.09 | Girls 15-19 - 1000 yd. Freestyle | 12:11.10 |
| #49 | 11:59.49 | 11:14.49 | Boys 13-14 - 1000 yd. Freestyle | 11:59.50 |
| #50 | 11:29.19 | 10:27.29 | Boys 15-19 - 1000 yd. Freestyle | 11:29.20 |

SESSION #6 – 13-14 & 15-19 Boys
Warm Up: TBA Start Time: TBA

| <u>Event #</u> | <u>Silver Time Standard:</u> | <u>Gold Time Standard:</u> | <u>Age Group Event</u> | <u>"Faster Than Qualifying Time"</u> |
|-----------------------|-------------------------------------|-----------------------------------|---------------------------------------|---|
| #51 | N/A | N/A | Boys 13-14 – 200 yd. Freestyle Relay* | N/A |
| #52 | N/A | N/A | Boys 15-19 – 200 yd. Freestyle Relay* | N/A |
| #53 | 5:34.29 | 4:53.09 | Boys 13-14 – 400 yd. Ind. Medley | 5:34.30 |
| #54 | 5:13.19 | 4:31.19 | Boys 15-19 – 400 yd. Ind. Medley | 5:13.20 |
| #55 | 27.99 | 24.19 | Boys 13-14 – 50 yd. Freestyle | N/A |
| #56 | 25.39 | 22.89 | Boys 15-19 – 50 yd. Freestyle | N/A |
| #57 | 1:10.99 | 1:01.59 | Boys 13-14 – 100 yd. Butterfly | N/A |
| #58 | 1:05.59 | 55.19 | Boys 15-19 – 100 yd. Butterfly | N/A |
| #59 | 2:55.89 | 2:35.99 | Boys 13-14 – 200 yd. Breaststroke | 3:11.90 |
| #60 | 2:42.59 | 2:23.09 | Boys 15-19 – 200 yd. Breaststroke | 3:01.90 |
| #61 | 2:35.69 | 2:15.89 | Boys 13-14 – 200 yd. Backstroke | 2:47.90 |
| #62 | 2:23.69 | 2:05.19 | Boys 15-19 – 200 yd. Backstroke | 2:38.10 |
| #63 | 2:14.89 | 1:58.39 | Boys 13-14 – 200 yd. Freestyle | 2:23.90 |
| #64 | 2:01.79 | 1:49.29 | Boys 15-19 – 200 yd. Freestyle | 2:13.00 |

*** In order to swim in a relay designated as a Silver/Bronze event, no swimmer on that relay may have a previous Gold time in the stroke and distance that the swimmer will swim in that relay.**

13-14 & 15-19 'Silver/Bronze' Region B Championships - March 10-11, 2012
Ocean County YMCA & YMCA of Western Monmouth County

WAIVER

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Ocean County YMCA, Freehold- Old Bridge YMCA, and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

Meet Verification

I hereby certify that all swimmers and coaches listed on the NJSI master Entry Sheet or hard copy with disk entries are registered members of New Jersey Swimming/ United States Swimming. All United States Swimming numbers are correctly listed and unless otherwise noted, are not required to swim unattached (UN) due to the 120 day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

CLUB NAME CLUB CODE: _____
SIGNATURE of COACH and/or PARENT/GUARDIAN: _____
ADDRESS: _____
TELEPHONE: _____ **e-mail ADDRESS:** _____
NAME(S) of COACH(ES): _____

NAME and PHONE NUMBER of person to contact regarding this entry: _____

NAME and ADDRESS of person to receive final results: _____

ENTRY FEE SUMMARY Individual event entries @ \$5.00 = \$ _____
Relay event entries @ \$8.00= \$ _____
TOTAL ENTRY FEES= \$ _____

MAKE CHECKS PAYABLE TO: **OCEAN COUNTY YMCA**

Article 302.4 of the United States Swimming Rules and Regulations

FALSE REGISTRATION: An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with United States Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

LIST ALL UNATTACHED SWIMMERS:

Unattached Swimmer _____, Unattached Swimmer _____
Unattached Swimmer _____, Unattached Swimmer _____
Unattached Swimmer _____, Unattached Swimmer _____
Unattached Swimmer _____, Unattached Swimmer _____