

**2006 Abby Seeger Memorial Invitational**  
**Retriever Aquatic Club**  
**May 19-21, 2006**

Sanctioned by Maryland Swimming, Inc. Sanction #MD06-034

Hosted By:	<b>The Retriever Aquatic Club</b>		
Location:	<i>The UMBC AQUATIC COMPLEX  The University of Maryland - Baltimore County (UMBC)  1000 Hilltop Circle  Baltimore, MD 21250</i>		
Schedule of Events:	Fri., May 19	All age groups	Warm-ups: 3:30 – 4:20p.m. Session Starts: 4:30 p.m.
	Sat. & Sun., May 20 and 21 Morning sessions	13-14 & Open	Warm-ups: 6:30-7:50 am Session Starts: 8:00 am
	Sat. & Sun., May 20 and 21 Afternoon sessions	10+Under & 11-12	Warm-ups: 12:30 – 1:20 p.m. Session Starts: 1:30 p.m.
	Sun., May 21	Open 1500 Free	Warm-ups: Immediately following the conclusion of the Sunday afternoon session. Session Starts: 30 minutes following the conclusion of the Sunday Afternoon session.
Notes:	<ul style="list-style-type: none"> <li>• The above listed starting times may be adjusted once all entries have been received. Coaches will be notified of any changes to starting times.</li> <li>• The 12 &amp; U, 13-14 &amp; OPEN 400 Free requires a positive check-in no later than 3:50 PM on Friday May 19 or be scratched from the event.</li> <li>• The 13-14 &amp; OPEN 400 IM requires a positive check-in no later than 7:30 AM on Saturday May 20 or be scratched from the event.</li> <li>• The OPEN 1500 Free requires a positive check-in no later than 9:00 AM on Sunday May 21 or be scratched from the event.</li> <li>• The 1500 Free will be swum slowest to fastest in event order ( Women's event 113 then Men's event 114 ). Meet director reserves the right to combine heats or otherwise adjust this order. The 1500 Free events may be limited to the first 32 swimmers entered in each event. Participants in 1500 Free events must provide their own timer and lap counter.</li> <li>• <b>In case of inclement weather, call 410-455-2679 for status of meet.</b></li> </ul>		
Facilities:	<ul style="list-style-type: none"> <li>• UMBC has an outdoor eight lane, 50-meter pool. The eight lane 25-yard indoor pool will be available for continuous warm up and warm down, during the meet, after regular warm up periods are over. The diving well is not to be used. Please inform your swimmers.</li> <li>• The facility has fully automatic timing, scoreboard, horn start, and non-turbulent lane dividers.</li> </ul>		

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Eligibility:	<ul style="list-style-type: none"> <li>• This meet is open to all USA Swimming registered clubs. Maryland LSC Registered Clubs have first priority.</li> <li>• Swimmers with 2 Long Course 2005-2006 "A" times may swim any events up to the maximum allowed in the meet. Qualify for 2 events you may swim any additional events up to the maximum allowed in the meet.</li> <li>• <b>*10 and under swimmers entering the 12 and under 400 free must have achieved the 10 and under "A" times of 6:06.79 for boys and 6:09.69 for girls*</b></li> <li>• NT/No Time entries will not be accepted.</li> <li>• The swimmer's age as of <b>May 19, 2006</b> shall apply for the entire meet.</li> </ul>
Entries:	<ul style="list-style-type: none"> <li>• <b>13-14 &amp; Open swimmers may swim a maximum of Three (3) Individual Events, plus relays, per session.</b></li> <li>• <b>10 &amp; U &amp; 11-12 swimmers may swim a maximum of Four (4) Individual Events, plus relays, per session.</b></li> <li>• All entries must be submitted with <u>Long Course Times</u> (converted times are acceptable).</li> <li>• All Individual and Relay Entries must be submitted on disk with accompanying Meet Manager printouts or on entry forms available from the meet director.</li> <li>• Each Team <i>must</i> also submit a Team Summary Sheet.</li> <li>• Checks for Entry Fees should be made payable to Retriever Aquatic Club and mailed (No signature required) with disk (or Entry Forms) to:   <div style="text-align: center;"> <p>Donna Considine – Meet Director  7052 Garden Walk  Columbia, MD 21044  <a href="mailto:considine@comcast.net">considine@comcast.net</a>  410-531-5521</p> </div> </li> <li>• <b>Please note:</b> Entries received without payment will not be accepted. E-mail entries will not be completed until the Meet Director has received payment for those entries. To verify on-time receipt of your entries, please include a stamped self-addressed postcard or envelope.</li> <li>• <b>The Meet director reserves the right to limit entries to stay within the time constraints of the meet.</b></li> </ul>
Fees:	<ul style="list-style-type: none"> <li>• \$4.50 for each Individual Event</li> <li>• \$12.00 for each Relay Event</li> <li>• There will be no deck entries allowed</li> </ul>
Entry Deadline:	<ul style="list-style-type: none"> <li>• The Meet Director must receive all entries <b>no later than 5:00 p.m. on Wednesday May 10, 2006</b></li> <li>• Maryland LSC teams whose entries are received by May 10 will have first priority.</li> <li>• Please submit early to avoid being closed out.</li> </ul>

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Rules:	<ul style="list-style-type: none"> <li>• Applicable USA Swimming Rules shall govern this competition.</li> <li>• Maryland Swimming rules shall also apply where appropriate.</li> <li>• USA Swimming/Maryland Swimming Safety Guidelines and warm-up procedures will be in effect for the entire meet.</li> <li>• Spectators will only be permitted in designated areas of the pool deck unless they are registered with USS as an athlete or as a non-athlete and are working at the meet. The only exception is for the timers and volunteers assisting with the conduct of the meet. <b>Coaches:</b> You will be permitted inside the roped off areas of the deck provided you do not interfere with those conducting the meet and you are wearing your coaching credentials</li> <li>• <b>Positive Check-In Events ( 400 Free, 400 IM, 1500 Free ):</b> Swimmers must check-in with the meet official prior to swimming their events by the positive check-in deadline noted in the meet notice. There is no penalty for not checking in for deck seeded timed final events; however if not checked in, the swimmer will be scratched. Once checked in, the swimmer must compete or be scratched from his/her next individual event.</li> </ul>
Awards:	<ul style="list-style-type: none"> <li>• 1st - 8<sup>th</sup> Place Custom Ribbons in Individual Events (14 &amp; Under)</li> <li>• 1st - 3<sup>rd</sup> Place Ribbons in Relay Events (14 &amp; Under)</li> <li>• Abby Seeger Memorial award for the winner of the Women's 200 Backstroke.</li> <li>• There will be no awards for OPEN Events.</li> </ul>
Results:	<ul style="list-style-type: none"> <li>• Meet Results will be available for download or printing from the Maryland Swimming Website (<a href="http://www.mdswim.org">www.mdswim.org</a>) within 48 hours after the meet.</li> <li>• Teams that submit their meet entries on computer disk can receive their disks back with Meet Results in HY-BACKUP.ZIP format.</li> <li>• If a team requires a paper copy of the Meet Results, this will be mailed within 2 weeks of the meet at a cost of \$10.00.</li> </ul>
Programs:	<ul style="list-style-type: none"> <li>• Programs will be made available at all sessions at a nominal cost.</li> </ul>
Food:	<ul style="list-style-type: none"> <li>• A snack bar will be available during the meet.</li> </ul>
Meet Director:	<p><i>Donna Considine</i>  7052 Garden Walk  Columbia, Maryland 21044  <a href="mailto:considine@comcast.net">considine@comcast.net</a>  410-531-5521 (COACHES ONLY PLEASE until 9:00pm)</p>

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Safety Director:	<ul style="list-style-type: none"> <li>• Annette Stang</li> </ul> <p>USA Swimming/Maryland Swimming Warm-up and Safety Guidelines will be in effect for the entire meet.</p>
Meet Referee	Rob Dobry <a href="mailto:rwdobry@missi.ncsc.mil">rwdobry@missi.ncsc.mil</a> or <a href="mailto:robdobry@yahoo.com">robdobry@yahoo.com</a>
Officials:	<p>All USA Swimming certified officials willing to volunteer should contact Rob Dobry at (410) 783-4939.</p> <p>or e-mail: <a href="mailto:rwdobry@missi.ncsc.mil">rwdobry@missi.ncsc.mil</a> or <a href="mailto:robdobry@yahoo.com">robdobry@yahoo.com</a></p>
Directions:	<p>From the North:</p> <ul style="list-style-type: none"> <li>• Take the Baltimore Beltway (I-695 Outer Loop) West/South to Exit 12-C, Wilkens Avenue.</li> <li>• At the traffic light, turn Left onto Wilkens Avenue.</li> <li>• Turn Left again at the first traffic light onto Walker Avenue (~1 Mile).</li> <li>• Turn Right at the Stop Sign onto Hilltop Circle.</li> <li>• The UMBC pool is ~½ mile around the circle.</li> <li>• Turn Left onto Administration Drive.</li> <li>• The UMBC pool is on the right behind the UMBC Fieldhouse.</li> <li>• To reach additional parking continue past Administration Drive, and turn left onto Library Drive, then right into additional lots.</li> </ul>
	<p>From the South:</p> <ul style="list-style-type: none"> <li>• Take I-95 North to 195 West</li> <li>• Take first Exit off 195 West, which will lead you onto the UMBC Campus via UMBC Boulevard.</li> <li>• Turn Right onto Hilltop Circle and then Left onto Administration Drive</li> <li>• The pool is on the right behind the UMBC Fieldhouse.</li> <li>• Parking Lot 10 is in front of the Fieldhouse. To reach Parking Lot 1, continue past Administration Drive, and turn right onto Library Drive, then left into Lot 1.</li> </ul>

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Hotels	<p>Airport area hotels are about a ten minute drive to the UMBC campus. Other hotels are about a 15 minute drive. Few hotels are located in areas where walking to restaurants or shopping is convenient.</p> <p><b>Airport Area</b></p> <p>Best Western BW Airport. 410-796-3300. 6755 Dorsey Road.</p> <p>BWI Marriott Hotel. 410-691-2967</p> <p>Comfort Inn Airport. 410-789-9100. 6921 Baltimore-Annapolis Blvd. Near Checkers and Bogies Hoagies restaurants.</p> <p>Comfort Suites BWI Airport. 410-691-1000. 815 Elkridge Landing Road.</p> <p>Courtyard BW Airport. 410-859-8850. 1671 W. Nursery Road. Short walk to multiplex movie theater with stadium seating.</p> <p>Extended StayAmerica. 410-850-0400. 1500 Aero Drive.</p> <p>Hampton Inn BWI Airport. 410-850-0600</p> <p>Ramada Inn Airport. 7253 Parkway Drive. 132 rooms. 410-712-4300</p> <p><b>Other nearby locations</b></p> <p>Hampton Inn 8880 Columbia 100 Parkway (Columbia) 410-997-8555. Many food options nearby. Convenient to shopping and movie theaters.</p> <p>Hilton Garden Inn 8241 Snowden River Parkway (Columbia) 410-750-3700. Many food options nearby. Convenient to shopping and movie theaters.</p> <p>Marriott Residence Inn. 1160 Winterson Road. 410-691-0255</p> <p>Courtyard by Marriott (Columbia). 8910 Stanford Blvd. Near LoneStar Steakhouse, Hard Times Café, Noodle Corner.</p> <p>Hampton Inn Governor Plaza Glen Burnie. 6617 Glen Burnie Ritchie Highway. Behind Denny's, near strip mall, Krispy Kreme Donuts, and Old Country Buffet.</p> <p>Holiday Inn-Express (Hanover) 410-684-3388. 7481 Ridge Road. Close to Denny's, Outback SteakHouse, Roy Rogers, a deli and a Chinese restaurant.</p> <p>Extended Stay (Columbia) 410-772-8800. 8870 Columbia 100 Parkway.</p>
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<b>Session</b>	<b>Date</b>	<b>Events</b>	<b>Warm-ups Start</b>	<b>Events Start</b>
<b>1</b>	<b>Fri., May 19<sup>th</sup></b>	<b>All age groups</b>	<b>3:30 p.m.</b>	<b>4:30 p.m.</b>
<b>Women</b>	<b>Qualifying Time</b>	<b>Event</b>	<b>Qualifying Time</b>	<b>Men</b>
1	3:00.69	11 – 12 200 Back	3:00.29	2
3	2:52.39	13 – 14 200 IM	2:42.79	4
5	2:48.09	OPEN 200 IM	2:37.09	6
7	5:32.39/6:09.69	12 & U 400 Free	5:29.19/6:06.79	8
9	5:16.59	13 – 14 400 Free	5:05.59	10
11	5:12.19	OPEN 400 Free	4:53.29	12
<b>Session</b>	<b>Date</b>	<b>Events</b>	<b>Warm-ups Start</b>	<b>Events Start</b>
<b>2</b>	<b>Sat., May 20<sup>th</sup></b>	<b>13-14 &amp; Open</b>	<b>6:30a.m.</b>	<b>8:00a.m.</b>
<b>Women</b>	<b>Qualifying Time</b>	<b>Event</b>	<b>Qualifying Time</b>	<b>Men</b>
13	6:02.29	13-14 400 IM	5:46.19	14
15	5:56.59	Open 400 IM	5:29.99	16
17	1:20.09	13-14 100 Back	1:15.09	18
19	1:18.29	Open 100 Back	1:11.69	20
21	1:29.09	13-14 100 Breast	1:23.59	22
23	1:27.69	Open 100 Breast	1:20.59	24
25	1:11.09	13-14 100 Free	1:06.59	26
27	1:09.59	Open 100 Free	1:04.09	28
29	2:49.49	13-14 200 Fly	2:39.89	30
31	2:44.69	Open 200 Fly	2:32.19	32
33	NT	13-14 400 FR RLY	NT	34
35	NT	Open 400 FR RLY	NT	36

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<b>Session</b>	<b>Date</b>	<b>Events</b>	<b>Warm-ups Start</b>	<b>Event Start</b>
<b>3</b>	<b>Sat., May 20<sup>th</sup></b>	<b>10 &amp; U / 11-12</b>	<b>12:30 p.m.</b>	<b>1:30 p.m.</b>
<b>Women</b>	<b>Qualifying Time</b>	<b>Event</b>	<b>Qualifying Time</b>	<b>Men</b>
37	3:23.69	11-12 200 Breast	3:21.19	38
39	1:38.69	10 & U 100 Fly	1:37.19	40
41	1:22.89	11-12 100 Fly	1:22.09	42
43	43.69	10 & U 50 Back	44.19	44
45	39.19	11-12 50 Back	38.79	46
47	48.29	10 & U 50 Breast	48.49	48
49	42.09	11-12 50 Breast	43.09	50
51	1:21.89	10 & U 100 Free	1:20.59	52
53	1:14.09	11-12 100 Free	1:11.59	54
55	3:20.59	10 & U 200 IM	3:18.89	56
57	3:00.19	11-12 200 IM	2:58.09	58
59	NT	10&U 400 FR RLY	NT	60
61	NT	11-12 400 FR RLY	NT	62
<b>Session</b>	<b>Date</b>	<b>Events</b>	<b>Warm-ups Start</b>	<b>Event Start</b>
<b>4</b>	<b>Sun., May 21<sup>st</sup></b>	<b>13-14 and Open</b>	<b>6:30a.m.</b>	<b>8:00a.m.</b>
<b>Women</b>	<b>Qualifying Time</b>	<b>Event</b>	<b>Qualifying Time</b>	<b>Men</b>
63	3:11.99	13-14 200 Breast	3:02.39	64
65	3:08.49	Open 200 Breast	2:54.29	66
67	32.79	13-14 50 Free	30.59	68
69	32.29	Open 50 Free	29.39	70
71	2:51.39	13-14 200 Back	2:41.59	72
73	2:47.29	Open 200 Back	2:34.29	74
75	1:17.29	13-14 100 Fly	1:11.99	76

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77	1:15.89	Open 100 Fly	1:09.09	78
79	2:32.59	13-14 200 Free	2:24.99	80
81	2:29.39	Open 200 Free	2:18.99	82
83	NT	13-14 400 M RLY	NT	84
85	NT	Open 400 M RLY	NT	86
Session	Date	Events	Warm-ups Start	Event Start
5	Sun., May 21 <sup>st</sup>	10&U/ 11-12	12:30 p.m.	1:30 p.m.
Women	Qualifying Time	Event	Qualifying Time	Men
87	2:39.19	11-12 200 Free	2:35.69	88
89	2:58.69	10 & U 200 Free	2:52.39	90
91	36.59	11-12 50 Fly	36.59	92
93	42.09	10 & U 50 Fly	40.99	94
95	1:26.29	11-12 100 Back	1:23.59	96
97	1:35.29	10 & U 100 Back	1:33.69	98
99	33.69	11-12 50 Free	32.99	100
101	36.49	10 & U 50 Free	36.19	102
103	1:33.79	11-12 100 Breast	1:33.59	104
105	1:47.09	10 & U 100 Breast	1:45.99	106
107	3:02.59	11-12 200 Fly	3:00.89	108
109	NT	10 & U 400 M RLY	NT	110
111	NT	11-12 400 M RLY	NT	112
Session	Date	Events	Warm-ups Start	Event Start
6	Sun., May 21 <sup>st</sup>	<b>Open 1500 Free</b>	Immediately after Session 5	30 minutes after Session 5
113	20:28.39	Open 1500 Free	19:22.99	114

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## Team Information

Today's Date:

Team Name:			
Team Abbreviation:		LSC Code:	
Head Coach:			
Deck Coach:			
Additional Coaches/Managers:			
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			

Mail All Correspondence to			
Name:			
Street:			
City:		State:	
		Zip:	
Telephone		E-Mail:	

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## Relay Entry Sheet

	<b>Today's Date:</b>	
<b>Team Name:</b>		<b>Team Abbreviation:</b>

<b>Relay Desc (A, B, etc.)</b>		<b>Age Group:</b>	
<b>Event #:</b>		<b>Relay Type: (circle one)</b>	<b>Medley Free</b>
<b>Entry Time (LCM only):</b>	: .		
	<b>Last Name</b>	<b>First Name</b>	
<b>Swimmer 1</b>			
<b>Swimmer 2</b>			
<b>Swimmer 3</b>			
<b>Swimmer 4</b>			

<b>Relay Desc (A, B, etc.)</b>		<b>Age Group:</b>	
<b>Event #:</b>		<b>Relay Type: (circle one)</b>	<b>Medley Free</b>
<b>Entry Time (LCM only):</b>	: .		
	<b>Last Name</b>	<b>First Name</b>	
<b>Swimmer 1</b>			
<b>Swimmer 2</b>			
<b>Swimmer 3</b>			
<b>Swimmer 4</b>			

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Age Group	Total # of Swimmers	Total # of Individual Entries		Individual Entry Fee		Total Individual Entry Fees
9-10 Boys			X	\$4.50	=	
11-12 Boys			X	\$4.50	=	
13-14 Boys			X	\$4.50	=	
Open Boys			X	\$4.50	=	
9-10 Girls			X	\$4.50	=	
11-12 Girls			X	\$4.50	=	
13-14 Girls			X	\$4.50	=	
Open Girls			X	\$4.50	=	
				<b>Subtotal</b>	=	
Age Group	Total # of Relay Entries			Relay Entry Fee		Total Relay Entry Fees
9-10 Boys			X	\$12.00	=	
11-12 Boys			X	\$12.00	=	
13-14 Boys			X	\$12.00	=	
Open Boys			X	\$12.00	=	
9-10 Girls			X	\$12.00	=	
11-12 Girls			X	\$12.00	=	
13-14 Girls			X	\$12.00	=	
Open Girls			X	\$12.00	=	
				<b>Subtotal</b>	=	
<b>Total Individual + Relay Entry Fees</b>					=	

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<b>Club Name:</b>		<b>Club Abbreviation:</b>	
<b>Club Rep.</b>		<b>Phone:</b>	
<b>E-Mail Address:</b>			
<b>Address:</b>			
Return this Team Summary Sheet, Individual & Relay Entry Sheets and a check for applicable fees, payable to <b>Retriever Aquatic Club</b> , to			
<a href="#">Donna Considine</a>			
<a href="#">7052 Garden Walk</a>			
<a href="#">Columbia, Maryland 21044</a>			
<a href="#">410-531-5521 (COACHES ONLY PLEASE weekends and before 9 pm weekdays)</a>			
<a href="mailto:considine@comcast.net">considine@comcast.net</a>			