

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2 No Practice	3 <u>Dryland:</u> Elite/Silver: 5:30-6:30p <u>Pool:</u> Elite/Silver 6:30-8:30p Black 5-7 pm Red 5-6:30pm	4 (Elite @ Pennington 5:30-7am) <u>Pool:</u> Elite/Silver 4-7 pm Black Off Red 6-7:30 pm Mini 5-6 pm Pre-Team 4:15-5 pm	5 <u>Dryland:</u> Elite/Silver: 5:30-6:30p <u>Pool:</u> Elite/Silver 6:30-8:30p Black 5-7 pm Red 5-6:30pm	6 (Elite @ Pennington 5:30-7am) <u>Pool:</u> Elite/Silver 4-7 pm Black 6-8 pm Red OFF Mini 5-6 pm Pre-Team 4:15-5 pm	7 No Practice	8 No Practice
9 No Practice	10 <u>Dryland:</u> Elite/Silver: 5:30-6:30p <u>Pool:</u> Elite/Silver 6:30-8:30p Black 5-7 pm Red 5-6:30pm	11 (Elite @ Pennington 5:30-7am) <u>Pool:</u> Elite/Silver 4-7 pm Black Off Red 6-7:30 pm Mini 5-6 pm Pre-Team 4:15-5 pm	12 <u>Dryland:</u> Elite/Silver: 5:30-6:30p <u>Pool:</u> Elite/Silver 6:30-8:30p Black 5-7 pm Red 5-6:30pm	13 (Elite @ Pennington 5:30-7am) <u>Pool:</u> Elite/Silver 4-7 pm Black 6-8 pm Red OFF Mini 5-6 pm Pre-Team 4:15-5 pm	14 <u>Pool:</u> Elite/Silver 4-6 pm Black 5-7 pm Red 6-7:30 pm	15 <u>Pool:</u> Elite/Silver 10-1 pm Black 10-12 noon Red 11:30-1pm Mini 12-1pm
16 No Practice <i>Next Week Begins Winter Schedule</i>	17 <u>Dryland:</u> Elite/Silver: 5-6pm <u>Pool:</u> Elite/Silver 6-8pm Black 6-8 pm Red 7-8:30 pm	18 (Elite @ Pennington 5:30-7am) <u>Pool:</u> Elite/Silver 6:45-8:45p Black OFF Red 6-7:30 pm Mini 6-7 pm Pre-Team 6-6:45 pm	19 <u>Dryland:</u> Elite/Silver: 5-6pm <u>Pool:</u> Elite/Silver 6-8pm Black 6-8 pm Red 7-8:30 pm	20 (Elite @ Pennington 5:30-7am) <u>Pool:</u> Elite/Silver 6-8 p Black 6:45-8:45 pm Red OFF Mini 6-7 pm Pre-Team 6-6:45 pm	21 <u>Pool:</u> Elite/Silver 6-8 pm Black 6-8 pm Red 6:30-8 pm	22 No Practice
23 No Practice	24 <u>Dryland:</u> Elite/Silver: 5-6pm <u>Pool:</u> Elite/Silver 6-8pm Black 6-8 pm Red 7-8:30 pm	25 (Elite @ Pennington 5:30-7am) <u>Pool:</u> Elite/Silver 6:45-8:45p Black OFF Red 6-7:30 pm Mini 6-7 pm Pre-Team 6-6:45 pm	26 <u>Pool:</u> Elite/Silver 4-6 pm Black 4-6 pm Red 5:30-7 pm Mini 6-7 pm Pre-Team 6-6:45 pm	27 No Practice Happy Thanksgiving	28 <u>Pool:</u> Elite/Silver 6-8 am Black 6-8 am Red 6:30-8 am	29 <u>Pool:</u> Elite/Silver 11am-2pm Black 12-2 pm Red 12:30-2 pm Mini 11 am-12 pm
30 No Practice	<h1>November 2008</h1>					