

Ridgewood YMCA
112 Oak Street
Ridgewood, New Jersey 07450

Take the Garden State parkway north to exit 163. Then take Rt. 17 North to the Linwood Ave./Ridgewood exit. Continue over Rt. 17 on Linwood Ave. to the end. At the flashing light turn left, the YMCA will be a block and a half on the right. Turn right into the parking lot.