

2008-09 Fall Practice Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Elite/Silver + AM		5:30 -7AM		5:30-7AM		
Elite PM	5:30-8:30pm	4-7pm	5:30-8:30pm	4-7pm	4-6pm	7-10am
Silver	5:30-8:30pm	4-7pm	5:30-8:30pm	4-7pm	4-6pm	7-10am
Black	5-7pm	OFF	5-7pm	7-9pm	5-7pm	7-9am
Red	5-6:30pm	7-8:30pm	5-6:30pm	OFF	6-7:30pm	8:30-10am
Mini	OFF	5-6pm	OFF	5-6pm	OFF	9-10am
Pre-Team		4:15-5pm		4:15-5pm		
Stroke School	4-5pm		4-5pm			
Lessons	4:30-5pm		4:30-5pm			

Please note (see above) is the practice schedule for the fall only. The practice schedule will change to later practices in early November as we not able to begin practices before 6 pm due to high school practice (see below).

2008-09 Winter Practice Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Elite/Silver + AM		5:30 -7AM		5:30-7AM		
Elite PM	5-8PM	7-9PM	5-8PM	6-8PM	6-8PM	11AM-2PM
Silver	5-8PM	7-9PM	5-8PM	6-8PM	6-8PM	11AM-2PM
Black	6-8PM	OFF	6-8PM	7-9PM	6-8PM	12-2PM
Red	7-8:30PM	6-7:30PM	7-8:30PM	OFF	7-8:30PM	12:30-2PM
Mini	OFF	6-7PM	OFF	6-7PM	OFF	11-12 PM
Pre-Team		6-6:45PM		6-6:45PM		

Lessons and Stroke School are not available during the winter due to pool time constraints.

